

# The Seventy-Five Dharmas (Elements of Existence) in the Abhidharmakosa of Vasubandhu

## Created Elements, *Samskṛta-dharma* (Dharmas 1-72)

### I. Forms, *Rupāni*

#### Sense Organs

1. eye, *cakṣu*
2. ear, *śrotra*
3. nose, *ghṛāṇa*
4. tongue, *jihva*
5. body, *kāya*

#### Sense Objects

6. form, *rūpa*
7. sound, *śabda*
8. smell, *gandha*
9. taste, *rāsa*
10. touch, *spraṣṭavya*
11. element with no manifestation, *avijñapti-rūpa*

### II. Mind, *Citta*

12. Mind, *Citta*

### III. Concomitant Mental Faculties, *Caitasika* or *Citta-samprayukta-samskāra*

#### A. General Functions, *Mahābhūmika*

13. feeling, sensation, *vedāna*
14. conception, idea, *saṃjñā*
15. will, volition, *ceṭanā*
16. touch, contact, *spṛṣa*
17. wish, *chanda*
18. intellect, *matī*
19. mindfulness, *smṛti*
20. attention, *manaskāra*
21. decision, *abhimokṣa*
22. concentration, *śamādhi*

#### B. General Functions of Good, *Kuśala-mahābhūmika*

23. faith, *śraddhā*
24. energy, effort, *virya*
25. equanimity, *upekṣā*
26. self respect, shame, *hri*
27. decorum, *apatrapya*
28. non-greediness, *alobha*
29. non-ill-will, *adveśa*
30. non-violence, non-harm, *ahiṃsa*
31. confidence, *prasrabdhī*
32. exertion, *apramada*

#### C. General Functions of Defilement, *Kleśa mahābhūmika*

33. ignorance, *moha*
34. idleness, non-diligence, *pramada*
35. indolence, idleness vs. *virya*, *kausidya*
36. non-belief, *asraddhā*
37. low-mindedness, torpor, *styāna*

38. high-mindedness, restlessness, dissipation, *auddhatya*
- D. General Functions of Evil, *Akusala-mahabhumika*
39. lack of self-respect, shamelessness, *ahrikyā*
40. lack of decorum, *anapatrapya*
- E. Minor Functions of Defilement, *Upaklesa-bhumika*
41. anger, *krodha*
42. concealment, hypocrisy, *mṛakṣa*
43. parsimony, *matsarya*
44. jealousy, envy, *irsya*
45. affliction, *pradasa*
46. violence, harm, *vihimsa*
47. enmity, breaking friend, *upanaha*
48. deceit, *maya*
49. fraudulence, perfidy, *sathya*
50. arrogance, *mada*
- F. Indeterminate Functions, *Aniyata-bhumika*
51. repentance, *kaukrtya*
52. drowsiness, *middha*
53. reflection, *vitarka*
54. investigation, *vicara*
55. lust, covetousness, *raga*
56. hatred, *pratigha*
57. pride, *mana*
58. doubt, *vicikitsa*
- IV. Elements Neither Substantial Forms Nor Mental Functions, *Citta-viprayukta-samskara*
59. acquisition, *prapti*
60. non-acquisition, *aprapti*
61. communion [similarity], *sabhagata*
62. fruition in thoughtless heaven, *asamjnika*
63. thoughtless ecstasy, *asamjnika-samapatti*
64. annihilation trance, *nirodha-samapatti*
65. life, *jivita*
66. birth, *jati*
67. stability, *sthiṭi*
68. decay, *jara*
69. impermanence, *anityata*
70. name, *nama-kaya*
71. sentence, *pada-kaya*
72. letter, *vyanjana-kaya*

**Non-Created Elements (Negative Becoming), *Asamskrta-dharma* (Dharmas 73-75)**

73. space, *akasa*
74. extinction through intellectual power, *pratisamkhyā-nirodha*
75. extinction due to lack of a productive cause, *apratisamkhyā-nirodha*